

Pastoral Staff:
Fr. John N. Burchat, *Pastor*
Deacon Michael Doherty
Anda Sprudz
Mr. Michael Coyne (*seminarian*)

Rectory & Office:
613-623-2282
Admin. Assistant: Cheryl Sparling
Custodian: Rob Hicke

Office Hours:
Tues., Wed. & Thurs.
9 a.m. to 3 p.m.
Closed Mondays & Fridays

The Pastor's Notes

St. John Chrysostom Parish (*est. 1867*)

295 Albert St., Arnprior, ON K7S 2M7

Home of the Arnprior & District Food Bank 613-668-4462

www.saintjohnchrysostom.org

www.pembrokediocese.com

+ First Sunday of Lent +

February 18th, 2018

The Traditional Lenten Disciplines:

1. Prayer: Catholics are encouraged to *be more mindful of the presence of God* by praying more during Lent, especially with Sacred Scripture. Lent is also an ideal time to receive the Sacrament of Reconciliation. Making time for weekday Mass, spiritual reading, Eucharistic adoration, the Stations of the Cross, praying of the Rosary as a family, days of reflection, scripture study groups, and Lenten workshops is also encouraged.

2. Fasting & Abstinence: Catholics of age 14 and older abstain from meat (beast or fowl) on Ash Wednesday, Good Friday and all Fridays during Lent. In addition, on Ash Wednesday and Good Friday, Catholics from age 18 - 59 fast, limiting themselves to one full meal and two smaller meals each day. Also consider how food is wasted. What is the quality of your interaction during mealtimes at home? Give up some treat you enjoy. Abstain from alcoholic beverages and expensive cuts of meat. Eat of the food of the poor: a bowl of rice per day and some vegetables.

3. Almsgiving: Moved by the sacrifice of Christ, we give to the poor not just from our surplus. We can simplify our lifestyle, reduce our consumerism and give that discretionary income to those in need. Almsgiving can be combined with fasting, giving to the poor the money saved by eating, drinking or buying less as we rely more upon God's abundant grace. May the experience of physical hunger also remind us of our deep need and desire for Christ the Bread of Life.



* In our prayers: for parishioners who are sick; and those who have died, especially: *Blanche Fridgen; Ole Qvist*, stepfather of Josie Scott; *Jenna Colterman; Morgan Clouthier*, brother of Corrine Thomson; *Dianne Rochon*; and *Donna Havey*.

* We will again have a Lenten Day of Reflection on Saturday, March 3rd with Most Reverend Michael Mulhall, Bishop of Pembroke. Theme: *Resisting the World, the Flesh and the Devil Today with Christian Wisdom from the First Centuries*. At St. John Chrysostom Parish Hall, 285 Albert St. in Arnprior beginning at 10:00 a.m. and ending at approx. 2:00 p.m. Doors open at 9:00 a.m. - refreshments will be served. There is no fee for the day but formal registration is required so we have an idea on how many will be there for lunch. Please call either John Wagner at 613-623-3722 or e-mail at jwagner@bell.net or call the Parish Office at 613-623-2282 or e-mail at John Chrysostom at catholicarnprior@gmail.com. Last date to register will be Wednesday, February 28, 2018. Sponsored by Arnprior Knights of Columbus Council 2082.

* During the season of Lent, I will be preaching a series of homiletic reflections at the Wednesday evening 8:00 p.m. Mass on The Saving Mystery of the Passion of Our Lord Jesus Christ.

* Please take advantage of the various times for Lenten Confessions: after all Sunday Masses; at 3:45 p.m. on Saturdays; at 7:15 p.m. Wednesday evenings during Exposition of the Blessed Sacrament; after all weekday Masses; on Palm Sunday from 2:00 - 3:00 p.m.

* Easter Flower Donations: for the Glory of God and in memory of loved ones can be made with the envelopes provided at the entrance of the church. The Masses of Easter will be offered for your intentions. Donations must be submitted by Tuesday, March 27th, in order to have loved ones listed in the Easter bulletin memorial page.

* On January 12th, Michael Mulhall, Bishop of Pembroke, promulgated the document, Diocese of Pembroke: Code of Pastoral Conduct, as particular law of the Diocese for a one-year period *ad experimentum*, effective February 1, 2018. The code is for priests, deacons, seminarians, employees and volunteers engaged in ministries and services in the Diocese and aims to assist in upholding Christian values and conduct as they minister to, or work with, the People of God. While not an exhaustive list, the Code provides a baseline for what is expected for professional conduct in the Diocese so as to meet the needs of God's people and promote the highest respect for the dignity of persons, especially the most vulnerable members of our community. Copies are available at the entrance of the church or from the parish office for all those mentioned above to read and be in compliance.

* There are still Lenten materials for family and personal use on the tables at the entrance of the church. There are also copies of a beautiful Lenten reflection by Fr. David May of Madonna House Apostolate entitled: Christ Did It First.

+ First Week of Lent +

February 19 - 23

Tuesday 8:00 a.m. +Morgan Clouthier *by Bob & Corrine Thomson & Family*

Wednesday 7:00 - 8:00 p.m. *Exposition of the Blessed Sacrament & Benediction*
7:30 p.m. *Confessions*
8:00 p.m. +Sean Bourke *by Clare Kavanagh*

Thursday Chair of St. Peter, apostle
8:00 a.m. +Edward Sydor & Souls in Purgatory *by Family*

Friday 8:30 a.m. +Mary & Versal Bond *by Family*
7:00 p.m. *Stations of the Cross*

+ Second Sunday of Lent +

February 25, 2018

Saturday 4:00 p.m. *Confessions*
4:30 p.m. Intentions of the People (*Missa pro populo*)

Sunday 9:30 a.m. +Marguerite Lapierre *by Shirley Pierce*
+Helene McGlade *by Jack & Cathy Quinn*

Liturgical Appointments

Next Sunday	4:30 p.m.	9:30 a.m.
Commentator	Gerry Whalen	Cathy McGrath
Reader	Chris Barrett	Joan Kelly
Eucharistic Ministers	Doreen Nicholas, Corrine Thomson	Barb Duffy, Helen McGregor
Greeter/Ushers	Linda Chandler, Kim Guthrie, Michael Szombathy, Irene Smith	Leo Lawlor, Dave Schefter Omer & Clare Poirier
Servers	Please always check in 15 minutes before Mass begins. Everyone is expected to be on the sanctuary.	
Offertory		The Freeman Family
Hospitality: Second Sunday when scheduled		Children's Liturgy: Emma Thurlow

Meetings and Gatherings

Monday *Al-Anon Meeting* - 7:30 p.m. meeting room #1 (613-860-3431)

Tuesday *Christian Meditation* - 7:00 p.m. at the home of Mary Sue McCarthy (613-622-7783)

Wednesday *A.A. Meeting* — 8:00 p.m. choir room

Thursday *Scripture Study* - 1:00 p.m. meeting room #1


Saturday *Edge Youth Group* - 5:30 p.m. meeting room #1
A.A. Meeting - 8:00 p.m. choir room


Inclement Weather: The Diocese of Pembroke and this parish comply with the policy of *Catholic Mutual Canada Insurance* regarding standard practices for snow/ice removal, salting, sanding and the logging of all winter maintenance. However, during the winter months, when Environment Canada has announced a public winter weather warning regarding snow or freezing rain for Arnprior and area, everyone, especially the elderly, ought to exercise their prudence (common sense) in attempting to attend Mass or gatherings of any kind.

Stewardship: *Thank you for your generosity!*

Church Bell Tower Campaign: May the Lord bless you for your generosity which has already helped us to raise \$124,732.74 (since July 2016) towards our goal of \$400,000 over 4 years.

Thank You: to all who provided their email addresses (over 150 were collected) for the *Bishops' Call for Conscience Campaign* regarding Euthanasia.

	Catholic Women's League	Nancy Black, <i>Madame President</i>
	-Remember that the 1 st Sunday of the month is Foodbank Sunday.	
	-Next meeting will be March 6 th @ 7:00 p.m.	
	-If you are a member of the CWL or wish to join, there is an envelope in January that can be used for dues and then placed in the Sunday Collection. Dues are \$20.00.	

	Knights of Columbus	Blaine Mullins, <i>Grand Knight</i>	Council 2082 285 Albert St. Arnprior, ON 613-623-2519
	www.kofc2082.org		
	Executive Meeting - <i>Monday, February 26th</i>		
	Business Meeting - <i>Monday, March 5th</i>		
	KofC Bingo – Every Thursday at 6:45 p.m. in the Parish Hall. <i>Dabber format-jackpot \$1,000 progressive with 100 in attendance.</i> Doors open at 6:15 p.m. sharp. All over 18 welcome. Team: Marc Shank		
	KofC & Legion Euchre Challenge: Open to everyone. Cost: \$3 per person. Registration is at 6:45 p.m. before each game. Game #5 on Friday, March 2 nd at the Legion and game #6 on Friday March 23 rd , at the Parish Hall. Come on out and bring a partner. You do not need to be a Legion member.		

G The Sacraments at St. John Chrysostom Parish g

Pastoral Visits To The Hospital: Because of the Privacy Act, to be sure you receive a visit from Fr. Burchat and the Pastoral Care Team, *please notify the parish office. We do not know if you or a loved one is at the hospital unless we are informed.*

Pastoral Care of the Sick & Homebound: Please notify the parish office for a pastoral visit and monthly reception of Holy Communion on First Fridays when you are no longer able to attend Sunday Mass.

The Sacrament of the Sick: This sacrament is normally administered when someone is in danger of death, undergoing a major operation or suffering from any serious illness (i.e., heart conditions, cancer).

Pastoral Care of the Dying: The Church desires that her faithful know spiritual strengthening and healing from sin through the Sacraments when they are dying. Be sure to ask your family to honour your desires when it is time to call a priest in order to prepare for a Christian death.

Sacrament of Reconciliation: Confessions are heard on Wednesdays at 7:30 p.m. and Saturdays at 4:00 p.m., in the Sacrament of Reconciliation Room at the church entrance, and anytime by request or appointment.

Are You Interested in Becoming a Catholic? *Do you want to be baptized a Christian in the Catholic Church? Are you a baptized Christian but not Catholic and desire to begin receiving Holy Communion in the Catholic Church?* If you know of anyone who has been hesitant, encourage and accompany them in coming to speak to any member of the pastoral staff at any time. The process of Christian initiation takes into consideration each person's journey of faith and can take place in many ways, "privately" or publicly.

2/18/18

Sacrament of Baptism: To arrange for the Baptism of your child please first meet with Fr. Burchat after either Sunday Mass at which you are in attendance. Catechetical instruction normally takes place the Sunday before baptisms. The next date for baptisms: April 15th, May 13th.

The Sacrament of Marriage: Christian Marriage requires preparation and those scheduling their marriage are asked to personally speak to Fr. Burchat after any Sunday Mass and generally at least six months before a proposed celebration. Catholics living in "irregular" situations should consult with a priest so as to discern how they can begin to return to full communion in the Church.

Catholic Funerals: Funeral Liturgies for the faithful departed should be celebrated in a Catholic Church. However, as you consider funeral costs and family needs know that there are various ways that the rituals of the Church can be adapted in consultation with your Pastor. Funeral arrangements are made concurrently by the Funeral Home and the parish priest with the direct involvement of the family. *The Catholic Funeral is always a celebration of life, remembering that our loved ones are created in the image and likeness of God and redeemed by the life, passion, death and resurrection of our Lord Jesus Christ.*

The Mystery of the Temptation of Christ

by Fr. Jean-Pierre Torrell OP



Although it is clear that the Temptation of Christ is an event in the history of salvation and that we cannot reduce it to a simple individual event, we can still look for the spiritual meaning of the temptation of Christ for each one of us personally. It seems to me that we can discover four reasons for which Christ was willing to submit to the temptation.

Firstly, to come to our aid in our own challenges. He lived our temptations through his own. Even in this situation, Jesus does not stop being the savior. He doesn't wait for his death on the Cross to come to our aid: our redemption is already being worked out in everything he does and in every one of his actions.

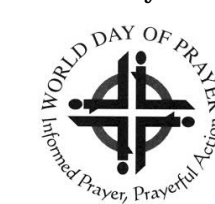
Secondly, Christ was willing to be tempted in order to invite us to be vigilant. He showed us that anyone not even the most saintly is sheltered from temptation. And if Jesus was tempted right after his Baptism, it was the way to underline the type of challenge that can happen in the most unexpected way, when we are not vigilant. So let us be vigilant and pray!

Thirdly, Jesus wanted to give us the example. By showing us how we could conquer the devil and temptation by going to the Word of God. In fact, Christ wins over the false reasonings of his adversary by a more profound understanding of the Holy Scriptures. It is an invitation to us to have a more attentive hearing of his message.

Finally, the temptation of Jesus is done to inspire our confidence in his mercy. It is the lesson of the reading to the Hebrews: "We do not have a weak priest to come to the aid of our weakness, for he has been tempted in everything in a way similar to us, at the exception of sin."

(Thank You to Carmelle Pilon for this translation from the French)

World Day of Prayer 2018; *All God's Creation is Very Good!* Please join us for informed prayer and prayerful action on preservation of Creation in solidarity with Christians in Suriname. On the first Friday of March each year, Christians of many traditions gather for the World Day of Prayer,



a prayer movement that invites us to enrich our faith experience with the experience of Christians from other countries and cultures and to bring hope to women touched by injustice. The World Day of Prayer Service this year is at Grace-St. Andrews United Church at 269 John St N. in Arnprior on Friday, March 2nd, 1:30 p.m. More information about our participation in this service is available from: Nancy Black (623-7211) or Connie Townley-Emery (623-5135).

Anda's Corner for Catechetics, Liturgy and Faith Journey

Reconciliation/First Communion:

On Sunday February 25th, children preparing for 1st Communion will be dismissed near the end of Mass to attend the first class on Holy Communion.



Confirmation:

The next Confirmation preparation class will take place on March 4th.

♥ I LOVE LENT 2018 ♥

Lent is about what can I add to my spiritual practices and not just about giving up things.
Consider some of the following:

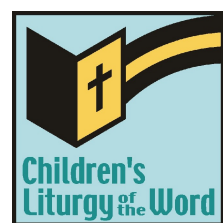
- * Prayer: add an extra block of time in your day for prayer. 15 minutes is good, longer if you can.
- * Add in extra spiritual reading. Take some extra time for Lenten prayer as a family.
- * Consider some of the free booklets at the entrance of the church for personal or family use.
- * Add in a daily Rosary, Divine Mercy Chaplet, the Jesus Prayer.
- * Replace one snack with a prayer instead.
- * Read the passion narratives in the Gospels.
- * Memorize a verse of Sacred Scripture each week.
- * Go to daily Mass.
- * Go to the Stations of the Cross on Friday evenings.
- * Read the daily Mass readings.
- * Go to Adoration of the Blessed Sacrament and Holy Mass on Wednesday evenings.
- * Go to the Sacrament of Reconciliation after making a good examination of conscience.
- * Do a random act of kindness every day.
- * Keep a Lenten prayer journal.
- * Keep a Mass Journal:
Lord show me one way in this Mass I can become a better version of myself this week.
- * Attend the Parish Day of Reflection with Bishop Mulhall.
- * Watch Lenten reflection videos from online: <https://www.wordonfire.org/>
- * Get daily email reflections at:
<https://dynamiccatholic.com/bestlentever>
<http://www.lentreflections.com/>

Eucharistic Adoration: on Wednesday evenings and First Fridays. *Just as you can't be exposed to the sun without receiving its rays, neither can you come to Jesus exposed in the Blessed Sacrament without receiving the divine rays of his grace, his love, his peace.*



St. Maximilian Maria Kolbe Fraternity: The next meeting will be held on Saturday, March 17th, 2018 in meeting room #2. The meeting will begin with recitation of the Holy Rosary at 9:30 a.m., followed by the meeting which commences at 10:00 a.m. following the "Ritual of the Secular Franciscan Order." Enquirers are welcome to attend.

EDGE Youth Ministry @ St. John Chrysostom: If you are in grade 5, 6, 7 or 8 and you have questions about God, life and faith, and are looking to have some fun (activities and sports) with other youth on a Saturday night, then come out to our bi-monthly youth nights (2nd & 4th Saturdays) at St. John Chrysostom Parish. Mass and then food, faith and fun until 7:30 p.m. The next Edge Youth Night is February 24th beginning with Mass at 4:30 p.m.



Children's Liturgy of the Word: All children from Junior Kindergarten to Grade 5 are welcome to attend their own Liturgy of Word during the 9:30 a.m. Sunday Mass. The Gospel is proclaimed and explained in a way appropriate to the age of the children. In such a way, they are given the opportunity to understand the teachings of Jesus and participate more fully in the church's Liturgy and Christian living. The priest will normally send forth with a blessing after the Collect (Opening Prayer).

Is Someone Contemplating Euthanasia? Helpline: 1-855-675-8749 for available prevention resources. Compassionate Community Care (CCC) is a national service for people who are seeking advice, help and support regarding euthanasia and assisted suicide prevention, and/or end-of-life treatment concerns.

St. John Chrysostom Parish Hall Rentals: We have the largest and brightest hall in Arnprior at 285 Albert Street, the only hall with a full stage area and seating for up to 400, air conditioning, a large kitchen, a fully licensed bar and ample parking. It is available for wedding receptions, anniversaries, stag & does, wedding showers, birthdays, fundraisers, conventions, training sessions, etc. Local Event Planners who are familiar with the hall can courteously provide initial consultation and are available for full planning. For bookings call 613-623-2282. Only \$400.

