



The Kid's Bulletin and a weekly coloring handout, depicting a theme from our liturgical season or the gospel reading, is available on the bulletin table in both churches! Our kids and their parents are encouraged each week to help themselves!

SUNDAY OFFERING - Arnprior: May 29: \$ Will be reported in next week's bulletin
SUNDAY OFFERING - Braeside: May 29 :\$ Will be reported in next week's bulletin

CHURCH EXTERIOR RESTORATION COLLECTION: The amount of \$2,737.00 from the month of April was recently sent to the Chancery Office in Pembroke. This monthly appeal uses a special envelope and collection dedicated to the Church Exterior Restoration Debt. With the oversight of the Parish Finance Committee and Mr. John Tammadge as its delegated officer and our Diocesan Finance Administrator, these donations are sent to the Diocese on a monthly basis in order to reduce our debt. Now and in the years to come, these Exterior Restoration Debt Donations will not be permitted to be used for regular operating expenses or minor capital expenditures/repairs. The intention of the donor will be respected and regular updates will be provided. Thank you for your generosity!

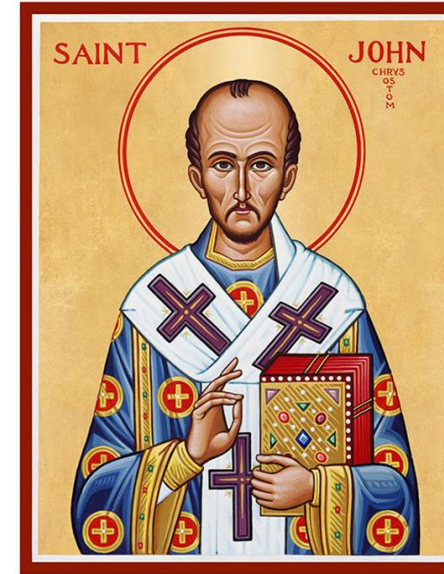
KNIGHTS OF COLUMBUS MEETING: Executive Meeting – June 27th @ 7:00 p.m. in chambers
 Business Meeting – June 6th @ 6:00 p.m. in chambers

CWL FOOD DRIVE: CWL Food Drive: Our CWL food bank collection runs until the end of June, every second weekend of the month. Presently, of the 138 families, or about 300 people using the food bank, approximately 100 are children. The number has increased by 30+ families since March 2021. Since December, our parishioners have donated 270 pounds of food and \$5180.00 in cash donations. "Feed the hungry and help those in trouble. Then your light will shine out of the darkness." Isaiah 58:10

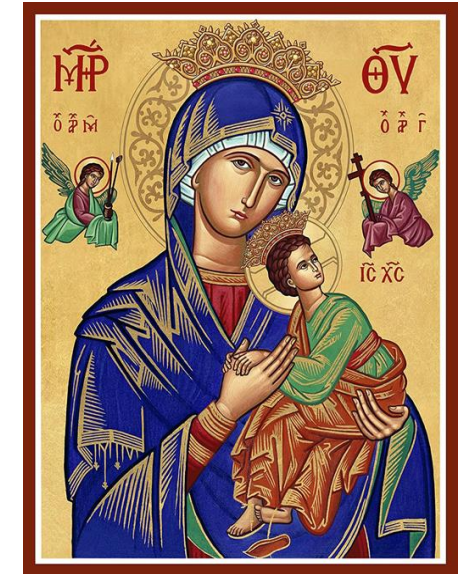
OUR LADY OF PERPETUAL HELP PARISH SUPPER: Since the COVID Pandemic, in place of the Annual Parish Supper Our Lady of Perpetual Help Parish has sponsored the past two years, a *Parish Supper Collection*. Envelopes for this purpose can be found in the pews of the church or you can use any plain envelope. If using a plain envelope please ensure that you include your personal information. In considering the amount to give towards the Collection you might calculate how much you would spend in Supper Preparations, Donations, Tickets, etc. and make an offering equivalent to the same. Those who can may give more. Let all give what they can afford so as to make the Collection, like our Parish Supper in past years, a great success. You may also wish to approach family and friends and those who have been the patrons of our Parish Supper over the years if they would like to contribute. The Parish Supper was our only external fundraiser with the greater portion of our income the result of the contributions we receive through the Sunday Offerings. Many thanks in advance for your support of this initiative.

IN YOUR PRAYERS: for the sick of the parish and the terminally ill and those who care for them; for students preparing for the Sacrament of Confirmation and First Communion; for Bishop Desrochers and all the priests of the diocese of Pembroke; for all those who have died, especially *Scott Brown*, brother of Ted & Doug Brown and Allyson Egan of the parish, *Frank Finn, Jeff Whalen, Clare Poirier, John Coady* and all of our deceased family members.

THE ROMAN CATHOLIC COMMUNITY OF ARNPRIOR & BRAESIDE



St. John Chrysostom Parish



Our Lady of Perpetual Help Parish

✠ SOLEMNITY OF PENTECOST ✠ JUNE 5, 2022

**St. John Chrysostom Parish is the
Home of the Arnprior & District Food Bank 613-668-4462, Al-Anon & A.A.**

Pastoral Staff
 Fr. Steven F. Ballard, Parish Priest
 Ms. Anda Sprudz
 Deacon Christopher Barrett

Office & Property
 613-623-2282
 Office Administration: Ms. Cheryl Peters
 Custodian: Mr. Rob Hicke

Parish Office Hours: Tuesday, Wednesday, Thursday 9:30 a.m. – 12:30 p.m.

www.saintjohnchrysostom.org
catholicarnprior@gmail.com

fr.stevenfballard@gmail.com
perpetualhelp@bell.net

SACRAMENT OF RECONCILIATION: is celebrated at St. John Chrysostom on Saturday afternoon from 3:45 – 4:15 p.m. and Sunday morning from 8:15 – 8:45 a.m. The sacrament is celebrated at Our Lady of Perpetual Help on Sunday from 10:00 a.m. to 10:25 a.m. in the back corner of the hall.

PILGRIMAGE TO THE SHRINE OF ST. ANN, CORMAC: On Sunday, July 31, 2022 with Bishop Guy Desrochers "History of the Devotion to St. Ann" Thursday, July 28th at 7:00 p.m.; Friday, July 29th at 7:00 p.m.; Saturday, July 30th at 7:00 p.m. Mass and Homily given each evening by Bishop Guy Desrochers Sunday, July 31 Celebrations 11:00 a.m. Outdoor Mass of Healing at the Shrine; 1:00 p.m. Exposition of the Blessed Sacrament and 2:00 p.m. Closing Benediction.

THE SEQUENCE HYMN FOR PENTECOST

Come, holy Spirit, and send forth from heaven the rays of your light. Come, father of the poor; come, giver of gifts; come, light of hearts. Best comforter, sweet guest of the soul, sweet refreshment. Rest in labor, temperateness in heat, solace in tears. O most blessed light, fill the inmost heart of your faithful. Without your divinity, nothing is in man, nothing that is harmless. Wash that which is sordid, water that which is dry, heal that which is wounded. Make flexible that which is rigid, warm that which is cold, guide that which is wayward. Grant to your faithful, who trust in you, the holy sevenfold gift. Grant the reward of virtue, grant salvation at our going forth, grant eternal joy. Amen.

FEEDING OFF LIFE'S SACRED FIRE

Ron Rolheiser, OMI

All energy comes from God and all energy is good, but it can be wickedly misused.

It is ironic that the ones who seem to drink most deeply from the wellsprings of divine energy are, invariably, the best and the worst, the wise and the wicked, saints and sinners. These mainline the fire. The rest of us, living in the gap between saints and sinners, tend to struggle more to actually catch fire, to truly drink deeply from the wellsprings of divine energy. Our struggle isn't so much in misusing divine energy. Our struggle is in not succumbing to chronic numbness, depression, fatigue, flatness, bitterness, envy, and the kind of discouragement which has us going through life lacking fire. Great saints and great sinners don't live lives of "quiet desperation"; they drink deeply sacred energy, become inflamed by that fire, and make that the source for either their extraordinary wisdom or their wild wickedness.

This insight that saints and sinners feed off the same source, isn't just an interesting irony. It's an important truth that can help us better understand our relationship to God, to the things of this world, and to ourselves. We must be clear on what's good and what's bad, otherwise we end up both misunderstanding ourselves and misunderstanding the energies of our world.

So where do sin and evil enter? They enter in when we misuse the good energy that God has given us, and they enter in when we relate in bad ways to the good things of creation. Simply put: We are good and creation around us is good, but we can relate to it in the wrong way, precisely through selfishness, greed, or violence. Likewise, our energies are good, including all those energies that underlie our propensity towards pride, greed, lust, envy, anger, and sloth; but we can misuse those energies and draw upon life's sacred fire in very self-serving, lustful, greedy, and wicked ways.

Sin and evil, therefore, arise out of the misuse of our energies, not out of the energies themselves.

The wise and wicked both feed off the same sacred fire.

The mark of genuine contrition is not a sense of guilt, but a sense of sorrow, of regret for having taken a wrong turn; just as the mark of living in grace is not a sense of our own worth but a sense of being accepted and loved despite our unworthiness. We are spiritually healthy when our lives are marked by honest confession and honest praise.

LITURGICAL CELEBRATIONS

Tuesday	June 7	9:00 a.m.	Intentions of Grace McGonigal <i>by Jill Cornwell</i>
Wednesday*	June 8	9:00 a.m.	Daly & MacKey Families <i>by Stewart & Anne Daly</i>
Thursday	June 9	9:00 a.m.	Mary Carroll <i>by The O'Keefe Family</i>
	(Villa)	11:15 a.m.	
Friday	June 10	9:00 a.m.	Cara Danielle Kelly <i>by The Knights of Columbus</i>

The Solemnity of The Most Holy Trinity

Saturday	June 11	3:45 p.m.	Confessions (Reconciliation Room)
		4:30 p.m.	Baka & Deda <i>by Anne Hogan Knitl</i>
Sunday	June 12	8:30 a.m.	Confessions (Reconciliation Room)
		9:00 a.m.	Intentions of the People (Missa pro populo)

(*Braeside) 10:00 a.m.* Confession
10:30 a.m.* Battiston & Denault Families *by Mike Battiston*

REGISTRATION FOR THE SACRAMENTS: If your child will be in Grade 2 or above in September, and you wish to enroll them in sacramental preparation for **First Communion** and **First Reconciliation** or if your child is in Grade 7 or above and you wish to enroll them in sacramental preparation for **Confirmation** at St. John Chrysostom Parish, please watch for coming announcements in the Fall. Registration will begin in November. For further information contact Deacon Chris Barrett at chriscjbarrett@gmail.com

ROSARY FOR THE FAMILY: In preparation for the 10th World Meeting of Families (WMF), the CCCB Standing Committee for Family and Life is hosting a live and nationwide **Rosary for the Family** via Zoom Webinar. The virtual event will take place on Sunday, 19 June 2022 at 3:00 p.m. (DST) and will be facilitated by several families from across the country.

As part of the *Amoris Laetitia Family Year*, the Pope's Worldwide Prayer Network and the Dicastery for the Laity, Family and Life have published a "Rosary for the Family." The publication is a beautiful meditation focused on families, children, couples and grandparents. It is the hope of the Standing Committee for Family and Life that this moment will be an opportunity to gather at the national level in prayer as well as to witness alongside other faith-filled families. To facilitate registration, please use the following link: https://cccb-ca.zoom.us/webinar/register/WN_R5OXeN5DRSuTDN6quptG4w
Promotional flyers are available on the bulletin tables. Please take a copy.

Liturgical Appointments: JUNE 11 /112

Next Sunday	4:30 P.M.	9:00 A.M.	10:30 A.M.
Reader	Carol	Roxanne	Beth Johnston
Ministers of Communion	Priest, Deacon Joan A., Cheryl	Priest, Deacon Betty	Priest Delia Burns
Greeter / Usher	Linda, Denis, Clare +1	Lynn, Marc Golda, Savio	Pat Fitzmaurice Jacob Perreault
Music	Deacon Chris	Stephanie	James Hrkach