

SUNDAY OFERING JANUARY 29th - Arnprior: Sunday offering - \$4,029.85
Braeside: Sunday offering - \$1,612.07
ATTENDANCE JAN 22nd - Arnprior: Sat 111 – Sun 132 - **Braeside:** Sun - 71

CATHOLIC WOMEN’S LEAGUE: The Catholic Women's League of Canada is an inclusive and engaged community of Catholic women inspired by faith. It is a vital participant in the church, a valued partner for social justice, a respected advocate at all government levels, and connected to the world. Join us in this wonderful organization.

CWL ARNPRIOR: Our annual CWL Box Luncheon begins this Wednesday February 8 at noon in the parish hall. Women who wish to attend, please reply to president@cwlarnprior.org or call/text 613-227-8599. Come out, meet us and see what we're all about!

CWL BRAESIDE: The CWL has a tradition of visiting the sick and homebound of the parish approximately once a month for a friendly chat. Also if you or a relative are in need of a visit please contact Marilyn Robertson @ 613-623-5788 to set up an appointment. We also extend an invitation for additional volunteers.

LEGION/KNIGHTS OF COLUMBUS EUCHRE CHALLENGE: All games are at the parish hall. Next date February 10, 24 and March 10 with the banquet on the 31st of March. Grab a partner and join us. Cost is \$5.00 a person.

LIFT JESUS HIGHER RALLY: The Lift Jesus Higher Rally (LJHR) is an annual event for Youth and Adults that focuses on evangelizing through uplifting music, testimonials, reflections, Divine Mercy celebration and Eucharistic Adoration. Tracks for adults (\$25) and youth (\$15) on **Saturday March 24th, 2023**, 9 a.m. to 5:30 p.m. at the Metro Toronto Convention Centre, Toronto. For more information and registration go to: www.LJHR.ca

MYSTERIES OF THE ROSARY!: The Ministry of the Wild Goose and Paradisus Dei are excited to release **Mysteries of the Rosary!** Episode one (First Sorrowful Mystery) is available now on WILDGOOSE.TV to watch without signing in to make it easier for you to share this with friends and family! The remaining six episodes will be released on **Ash Wednesday (February 22nd):** <https://wildgoose.tv/>.

2023 BIBLE IN A YEAR ONLINE RETREAT: This three day online retreat with Jeff Cavins, Fr. Mike Schmitz, and Dr. Marcellino D’Ambrosio will help attendees embrace their rich inheritance as sons and daughters of God. From **February 11-13, 2023**. Visit <https://ascensionpress.com/products/bible-in-a-year-retreat> for more information.

THE ROMAN CATHOLIC COMMUNITY OF ARNPRIOR & BRAESIDE



St. John Chrysostom Parish Our Lady of Perpetual Help Parish

✠ Fifth Sunday in Ordinary Time ✠
February 5, 2023

Pastoral Staff Office & Property
Fr. Dan Kelly, Administrator Office Administration: Ms. Cheryl Peters
Deacon Christopher Barrett Custodian: Mr. Rob Hicke

Tel. 613-623-2282

Office Hours: Tues., Wed., Thurs., 9:00 a.m. – 3:00 p.m. – Friday 8:00 a.m. – 12:00 p.m.

Website: www.saintjohnchrysostom.org

catholicarnprior@gmail.com perpetualhelp@bell.net

Liturgical Appointments: FEB 11/12

Next Weekend	4:30 P.M.	9:00 A.M.	10:30 A.M.
Reader	Rich	Joan K.	Cindy Colotelo
Ministers of Communion	Cheryl	Betty	Kathie McMahon
Greeter/Usher	Linda, Denis, Clare +1	Lynn, Marc Golda, Savio	Jacob Perreault
Music		Anda	James

**St. John Chrysostom Parish is the Home
of the Arnprior & District Food Bank 613-668-4462, Al-Anon & A.A.**

REFLECTION ON TODAY’S GOSPEL: Following upon the teaching of the [Beatitudes](#), Jesus uses the now familiar metaphors of salt and light to describe the life of discipleship. We take salt and light for granted in our society, but these commodities were more precious in ancient cultures. Just as now, salt was used in Jesus’ time for flavoring, as a preservative, and as a healing agent. Similarly, the widespread use of electricity in the modern world makes us less aware of the value and importance of light in our lives. Still, our familiarity with this passage from Matthew’s Gospel speaks well to the abiding power of the imagery that Jesus presented. Jesus’ call to be salt for the earth and light for the world powerfully states our mission as Church and as Christians. Our commitment to social justice flows from the exhortation that Jesus gives us in today’s Gospel. Some of the activities that this commitment leads us to are given more concrete expression as the Corporal and Spiritual [Works of Mercy](#). When we feed the hungry, clothe the naked, console those who mourn, and so on, we show ourselves to be the salt of the earth and the light of the world. When we do these things with the community of faith, the Church, we are indeed acting as “a city set on a mountain” that cannot be hidden!

MARRIAGE PREPERATION PROGRAM: The Winter Diocesan Marriage Preparation Program is coming up on Saturday, February 25th and Saturday, March 11th, 2023 at St. Francis Xavier Parish, Renfrew. **Deadline to register is February 11th.** Registration is available online at www.pembrokediocese.com, or a form can be obtained from any parish and mailed in. Inquiries can be directed to Yvette Bourque at yvettebourque@pembrokediocese.com.

LENTEN DAY OF REFLECTION: His Excellency Most Reverend Guy Desrochers will be leading us in our Lenten Day of Reflection on Saturday, February 25, 2023 at the Parish Hall in Arnprior. Doors open at 9:00 a.m. for coffee and muffins. Retreat starts at 10:00 a.m. There is no fee for the day but registration is required by calling the parish office at 613-623-2282 or John Wagner at 613-623-3722 or email jwagner@bell.net since a lunch will be provided. Last date to register will be Sunday February 19, 2023. Sponsored by Arnprior Knights of Columbus Council 2082.

POPE’S PRAYER FOR FEBRUARY: We pray that parishes, placing communion at the center, may increasingly become communities of faith, fraternity and welcome towards those most in need.

A LITTLE HUMOR: An exasperated mother whose son was always getting into mischief asked him, “How do you ever expect to get into heaven? Well the boy answered, I will just keep running in and out and in and out and slamming the door until St. Peter finally says, “For heaven’s sake Dylan, come in or stay out!”

MASS INTENTIONS FOR THE WEEK, FEB 8 - 12 , 2023

Wednesday 9:00 a.m Braeside June Murphy *by The Estate*
Thursday 9:00 a.m. Arnprior Monique Gravelle *by Therese Laroque*
Friday 9:00 a.m. Arnprior **St. Scholastica, virgin**
Lucy Robillard *by The Robillard Family*
Frank Schnob *by The Estate*
Saturday 4:30 p.m. Arnprior Rita Cloutier *by Lindsay Chandler*
Sunday 9:00 a.m. Arnprior *Missa Pro Populo*
10:30 a.m. Braeside Murray Belanger *by Val & Enis Poirier*

SACRAMENT OF PENANCE: 20 minutes before weekend Masses and also upon request.

LENT begins with Ash Wednesday on February 22nd with masses at 9:00 a.m. and 7:00 p.m. at St. John Chrysostom and 11:00 a.m. at Our Lady of Perpetual Help.

CHURCH EXTERIOR RESTORATION COLLECTION: The amount of \$7,975.00 from the month of December was recently sent to the Chancery Office in Pembroke.

PLEASE REMEMBER IN YOUR PRAYERS: the weak, the lonely and the depressed, for the homeless and less fortunate, for those struggling with addictions, for the sick of the parish and for all those who have died.

POPE FRANCIS’S MESSAGE for the 31st World Day of the Sick (11 February 2023): The Vatican released [Pope Francis’s message for the 31st World Day of the Sick](#), celebrated every year on 11 February, liturgical memorial of Our Lady of Lourdes. The Holy Father’s message is entitled: **“Take care of him” – Compassion as a synodal exercise of healing.** In light of the Church’s synodal journey, Pope Francis invites “all of us to reflect on the fact that it is especially through the experience of vulnerability and illness that we can learn to walk together according to the style of God, which is closeness, compassion, and tenderness.”

ANNUAL WOMEN’S RETREAT: “Do whatever He tells you (John 2.5)” from **March 24 to 26, 2023** at the Graphite Bible Camp in Maynooth. Fr. Zachary Romanowsky and Cheryl Ann Smith from Madonna House will be leading the retreat. The cost is \$175.00 for 2 nights and 5 meals. Limited spots available! To register: fill in the Google registration form at [RETREAT REGISTRATION](#), and send e-transfer to womensretreatcombermere@gmail.com (Question: what is name of retreat centre; Answer: Graphite). For more information contact us at womensretreatcombermere@gmail.com or call/text Caitlin 613 316-0992 or Kristan 613 585-0579.