

ATTENDANCE ARNPRIOR:

May 16 - 104 May 17 - 165

ATTENDANCE BRAESIDE:

May 17 - 115

OFFERINGS ARNPRIOR:

May 16/17 – \$4,384.05

OFFERINGS BRAESIDE:

May 17 - \$1,340.00

OUR LADY OF PERPETUAL HELP PARISH SUPPER – MAY 24, 2026: Please join us **TODAY** for our annual Parish Supper taking place at the Parish Hall in Braeside. A Barbequed Chicken Dinner will be served from 2 – 6 pm. Cost: Adults \$25.00 – Children under 12 \$10.00 – Children under 6 Free! Take-out meals are available. Everyone is most welcome to come and enjoy the afternoon with us!

VACATION BIBLE SCHOOL: Registration is now open! Children in JK to Grade 5 are invited to join us for a “Radical Ride on the Wings of Prayer” Vacation Bible School from 9am – 12pm, July 27th – 31st, 2026. The cost is \$10 / child or \$25.00 / family. Register by visiting the website at saintjohnchrysostom.org or you can pick up registration forms at the back of the church or at the office. Also, please consider volunteering at our VBS – if you are interested in helping our children learn their Catholic faith in a fun and exciting way, we’d love to hear from you! Please call the office at 613-623-2282 or email radicalride2026@gmail.com

ARNPRIOR (AND AREA) CATHOLIC MOMS’ PLAYGROUP: Tuesdays through the spring and summer months from 9:30-11:00am at Fairview Park (off Fairview Crescent and behind the Nick Smith Centre). Please contact Tesa MacDonald at tesamacdonald@gmail.com.

CHALICE CHILD SPONSORSHIP WEEKEND: Chalice is coming to St. John Chrysostom and Our Lady of Perpetual Help Parishes! At Masses on the weekend of June 13-14, Canada’s largest Catholic *Child Sponsorship Organization* will provide you the opportunity to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. These are children in extreme poverty who need your support to excel in their education and fulfill their God-given potential. Please visit chalice.ca for more information about Chalice and its mission.

BORN OF WATER AND THE SPIRIT: We offer prayerful congratulations to the parents and families of the following children recently baptized: Michael Alex Real Théorêt, Isla Catherine Nicole Whitelock, Caleb Jeffrey Hayden Pleau and Aloisa Ann Brown. During the Baptismal Liturgy a candle lit from the Paschal Candle is handed to the parents and godparents with these words: “Receive the Light of Christ. Parents and Godparents, this light is entrusted to you to be kept burning brightly. These children have been enlightened by Christ. They are to walk always as children of the light. May they keep the flame of faith alive in their hearts. When the Lord comes, may they go out to meet him with all the saints in the heavenly kingdom.”



**THE PARISHES OF ST. JOHN CHRYSOSTOM, ARNPRIOR
OUR LADY OF PERPETUAL HELP, BRAESIDE**

✠ **PENTECOST SUNDAY** ✠

May 24, 2026

PARISH PASTORAL & OFFICE STAFF

Fr. Robert Ryan

Administrator

Patti Moore

Office Manager

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E-mail: parish@saintjohnchrysostom.org

parish@ourladyofperpetualhelp.ca

Website: saintjohnchrysostom.org

Ginger Regan

Director of Religious Education gingerregan.dre@gmail.com

OFFICE HOURS

Tuesday, Wednesday, Thursday

9:00 a.m. – 3:00 p.m.

Friday

9:00 a.m. – 12:00 p.m.

SUNDAY SOCIAL – SEPTEMBER - JUNE

First Sunday of the Month in Arnprior

Third Sunday of the Month in Braeside

**St. John Chrysostom Church is home to the Arnprior & District Food Bank
613-622-2663**

PASTORAL VISITS: If someone is housebound and would like to have a Pastoral Visit and avail of the Sacraments of Penance, Holy Communion and the Sacrament of the Sick, they may call the Parish Office (613-623-2282) and ask for the same. If you have a family member or friend who would appreciate such a visit, with their permission you can also call on their behalf and this visit will be gladly arranged.

SACRAMENT OF BAPTISM: If you have a child to be baptized or desire Baptism yourself, please contact our Director of Religious Education, Ginger Regan at gingerreagan.dre@gmail.com or call the Office at 613-623-2282. Ginger will be happy to guide you through the preparation & celebration.

SACRAMENT OF PENANCE: In Arnprior, Confessions are heard Saturdays 3:30 p.m. – 4:15 p.m., and Sundays, 8:30 a.m. – 8:50 a.m. In Braeside on Wednesdays from 8:30 a.m. – 8:50 a.m. Confessions are also available by appointment. Kindly call the Parish Office.

FIRST CONFESSION, FIRST EUCHARIST, CONFIRMATION:

In many ways our Pastoral Year within our parishes is shaped and influenced by the Academic Year, following the September-June cycle. Nevertheless, we continue our work of formation for those who come forward requesting the Sacraments, especially the Sacraments of Initiation. We are already receiving inquiries related to such formation and instruction. If you have any questions, please contact the Parish at 613-623-2282.

THURSDAY GOSPEL REFLECTION: Gathering together every Thursday after the 9:00 am Mass; we pray the Holy Rosary and then read and reflect on the Gospel for the following Sunday. Everyone is most welcome to join us.

CATHOLIC MEN'S GROUP: We will be meeting on the second Tuesday of each Month at 7:00 pm in Meeting Room 1. For more information, please contact Gerry Whalen at 613-623-8330. Men from both our Parishes are welcome!

CELEBRATION OF RETIREMENT: There will be an *Open House* for Fr. Patrick Dobec hosted by Our Lady of Sorrows Parish Sunday, June 7 from 1 pm to 3 pm. to mark his retirement: Our Lady of Sorrows Parish Hall, 11 Mohns Ave, Petawawa. Best Wishes Only.

THE BLESSED VIRGIN MARY, MOTHER OF THE CHURCH: In the Acts of the Apostles (*cf. Acts 1:14*), we read how Mary is present in the Upper Room praying with the Apostles as the Holy Spirit descends at Pentecost. She who gave physical birth to the head of the Church (Christ our Lord), was present during the spiritual birth of the Church at Pentecost. For this reason, Pope Francis established a Memorial in honor of Our Lady under this title “Blessed Virgin Mary, Mother of the Church” and to be celebrated on the Monday following Pentecost Sunday.

Mass on Monday morning will be offered in Braeside at 9:00 a.m.

MASS INTENTIONS: MAY 27– MAY 31

Mon	9:00 am	Braeside	The Blessed Virgin Mary, Mother of the Church
Wed	9:00 am	Braeside	Claudette Winchester by Gerry & Jane Whalen
Thurs	9:00 am	Arnprior	MarySue McCarthy by John & Christine Tammadge
Fri	9:00 am	Arnprior	In Thanksgiving by Augustine & Paulin
Sat	4:30 pm	Arnprior	Bernie Lynn by Barry & Anne Blier
Sun	9:00 am	Arnprior	<i>Missa Pro Populo</i>
Sun	10:30 am	Braeside	Francis Clouthier Brother of Bob, Corrine, Janice & Larry

PENTECOST – THE FIFTIETH DAY OF EASTER

◆ We complete the Easter Season with the Feast of Pentecost meaning the Fiftieth Day. We commemorate not only a historic event in the first century Church. It is a time to celebrate the wondrous ways in which the Holy Spirit, the third Person of the Holy Trinity, continues to be at work in the Church and within the lives of individual believers.

◆ The Spirit’s special work is the bestowal of holiness and virtue (from the Latin *virtus* meaning power, ability, strength, even excellence). The Spirit’s power and our cooperation make these virtues thrive. The three theological virtues, pleasing signs of the Spirit at work in a community or individual are faith, hope, and charity. The four cardinal virtues (from the Latin *cardo* meaning a hinge upon which a door swings and, in this case, upon which the rest of the virtues turn or depend) are prudence, justice, fortitude, and temperance. The traditional symbols suggest their meaning: Prudence by a sailor’s spyglass and compass; Justice by balance scales; Fortitude by sword and breastplate; Temperance, by an hourglass whose sands keep time and eternity in perspective.

◆ We speak of the seven gifts of the Holy Spirit which are taken from Isaiah’s description of God’s servant who receives wisdom, understanding, counsel (also described as right judgment), fortitude, knowledge, piety, and fear of the Lord; and the fruits of the Holy Spirit, from the letter of St. Paul to the Galatians: love, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control and chastity.

◆ The Holy Spirit is at work in the Sacraments. In the Eucharistic Prayer, we call down the Holy Spirit upon our gifts of bread and wine. This part of the great Eucharistic Prayer is called by its Greek name epiclesis. The priest extends both hands over the gifts – the ‘laying on of hands’ – the sign of the movement of the Holy Spirit and says these words: “Make holy, therefore, these gifts, we pray, by sending down your Spirit upon them like the dewfall, so that they may become for us the Body and + Blood of our Lord Jesus Christ.” Not only is an epiclesis prayed over the bread and wine, but also upon us: “Humbly we pray that, partaking of the Body and Blood of Christ, we may be gathered into one by the Holy Spirit.”

Almighty and eternal God, on this day you opened the way of eternal life to every race and nation by the promised gift of your Holy Spirit. Shed abroad this gift throughout the world by the preaching of the gospel, that it may reach to the ends of the earth; through our Lord Jesus Christ your Son, who lives and reigns with you, in the unity of the Holy Spirit, one God, forever and ever. Amen.