

ATTENDANCE ARNPRIOR:

May 23 - 137 May 24 - 169

ATTENDANCE BRAESIDE:

May 24 - 128

OFFERINGS ARNPRIOR:

May 23/24 – \$4,219.55

OFFERINGS BRAESIDE:

May 24 - \$1,770.00

OUR LADY OF PERPETUAL HELP PARISH SUPPER: I am pleased to announce that our Parish Supper held last Sunday, May 24th was a complete success, continuing an annual tradition for over 50 years now. We were blessed with generous participation on the part of our parishioners and those from our sister parish, St. John Chrysostom. Everyone was treated to an amazing meal and wonderful fellowship. I express heartfelt gratitude to our committee, to our great captains and all of the volunteers who worked endless hours before, during and the days following the dinner. A big thank you to all those who donated prizes, food and made financial contributions, helping us to be so successful. A detailed financial report will be available in the near future. Sincerely, Suzanne Sawyer, Convenor.

CHALICE CHILD SPONSORSHIP WEEKEND: Chalice is coming to St. John Chrysostom and Our Lady of Perpetual Help Parishes. At Masses on the weekend of June 13-14, Canada's largest Catholic *Child Sponsorship Organization* will provide you the opportunity to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. These are children in extreme poverty who need your support to excel in their education and fulfill their God-given potential. Please visit chalice.ca for more information about Chalice and its mission.

VACATION BIBLE SCHOOL: Registration is now open! Children in JK to Grade 5 are invited to join us for a "Radical Ride on the Wings of Prayer" Vacation Bible School from 9am – 12pm, July 27th – 31st, 2026. The cost is \$10 / child or \$25.00 / family. Register by visiting the website at saintjohnchrysostom.org or you can pick up registration forms at the back of the church or at the office. Also, please consider volunteering at our VBS – if you are interested in helping our children learn their Catholic faith in a fun and exciting way, we'd love to hear from you! Please call the office at 613-623-2282 or email radicalride2026@gmail.com

ARNPRIOR (AND AREA) CATHOLIC MOMS' PLAYGROUP: Tuesdays through the spring and summer months from 9:30-11:00am at Fairview Park (off Fairview Crescent and behind the Nick Smith Centre). Please contact Tesa MacDonald at tesamacdonald@gmail.com.

CWL ARNPRIOR: Our annual June potluck will be held on Wednesday, June 3 beginning at 6:00 p.m. in Meeting Room One in the Church basement, followed by our Meeting and Pin Ceremony at 7:00 p.m. We warmly welcome all women of the parish — whether you are a long-time member, new to the parish, or simply interested in learning more about the CWL.



**THE PARISHES OF ST. JOHN CHRYSOSTOM, ARNPRIOR
OUR LADY OF PERPETUAL HELP, BRAESIDE**

✠ SOLEMNITY OF THE MOST HOLY TRINITY ✠

May 31, 2026

PARISH PASTORAL & OFFICE STAFF**Fr. Robert Ryan**

Administrator

Patti Moore

Office Manager

Telephone: 613-623-2282**E-mail: parish@saintjohnchrysostom.org****parish@ourladyofperpetualhelp.ca****Website: saintjohnchrysostom.org****Ginger Regan**Director of Religious Education gingerregan.dre@gmail.com**OFFICE HOURS**

Tuesday, Wednesday, Thursday

9:00 a.m. – 3:00 p.m.

Friday

9:00 a.m. – 12:00 p.m.

SUNDAY SOCIAL – SEPTEMBER - JUNE

First Sunday of the Month in Arnprior

Third Sunday of the Month in Braeside

St. John Chrysostom Church is home to the Arnprior & District Food Bank**613-622-2663**

POPE'S PRAYER INTENTION FOR JUNE 2026: For the values of sports – Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

PASTORAL VISITS: If someone is housebound and would like to have a Pastoral Visit and avail of the Sacraments of Penance, Holy Communion and the Sacrament of the Sick, they may call the Parish Office (613-623-2282) and ask for the same. If you have a family member or friend who would appreciate such a visit, with their permission you can also call on their behalf and this visit will be gladly arranged.

SACRAMENT OF BAPTISM: If you have a child to be baptized or desire Baptism yourself, please contact our Director of Religious Education, Ginger Regan at gingerreagan.dre@gmail.com or call the Office at 613-623-2282. Ginger will be happy to guide you through the preparation & celebration.

SACRAMENT OF PENANCE: In Arnprior, Confessions are heard Saturdays 3:30 p.m. – 4:15 p.m., and Sundays, 8:30 a.m. – 8:50 a.m. In Braeside on Wednesdays from 8:30 a.m. – 8:50 a.m. Confessions are also available by appointment. Kindly call the Parish Office.

FIRST CONFESSION, FIRST EUCHARIST, CONFIRMATION: In many ways our Pastoral Year within our parishes is shaped and influenced by the Academic Year, following the September-June cycle. Nevertheless, we continue our work of formation for those who come forward requesting the Sacraments, especially the Sacraments of Initiation. We are already receiving inquiries related to such formation and instruction. If you have any questions, please contact the Parish at 613-623-2282.

THURSDAY GOSPEL REFLECTION: Gathering together every Thursday after the 9:00 am Mass; we pray the Holy Rosary and then read and reflect on the Gospel for the following Sunday. Everyone is most welcome to join us.

CATHOLIC MEN'S GROUP: We will be meeting on the second Tuesday of each Month at 7:00 pm in Meeting Room 1. For more information, please contact Gerry Whalen at 613-623-8330. Men from both our Parishes are welcome!

CELEBRATIONS OF RETIREMENT: All are invited to the receptions honouring the priests of our Diocese who will retire as pastors at the end of June:

- *Reverend Patrick Dobec on Sunday, 7 June from 1:00pm to 3:00pm at Our Lady of Sorrows Parish Hall, Petawawa.*
- *Reverend John Lacey on Sunday, 21 June following the 9:00am Mass at Our Lady of Fatima Parish Hall, Renfrew.*
- *Reverend Kerry Brennan on Sunday, 28 June from 11:30am to 2:30pm at St. Francis Xavier Parish Hall, Renfrew.*

MASS INTENTIONS: JUNE 3 – JUNE 7

Wed	9:00 am	Braeside	Gertie Vanderploeg by Gerry & Jane Whalen
Thurs	9:00 am	Arnprior	Claudette Winchester by Shirley Valiquette
Fri	9:00 am	Arnprior	Brian & Debbie McSheffrey on their Anniversary
Sat	4:30 pm	Arnprior	<i>Missa Pro Populo</i>
Sun	9:00 am	Arnprior	Pat Stewart by Bill & Colleen Piasetzki
Sun	10:30 am	Braeside	Jim Roach by the Braeside CWL

TRINITY SUNDAY:

◆ We celebrate today the Mystery that is at the heart of our Christian Faith: God in three Persons, blessed Trinity. While we could never know of the Trinity unless it had been revealed, we find traces and vestiges of the Trinity all around us. Julian of Norwich said, “Man is a created trinity in the image of the unmade Blessed Trinity.”

◆ Among the different analogies of the ineffable mystery of the Triune God that believers are able to discern include the family, called to be a community of life and love where differences must be so harmonized as to contribute towards the building of the family as a ‘parable of communion’. The ordered love of husband and wife is also an image of the fruitful love of the Holy Trinity. And we are all familiar with how St. Patrick used the shamrock to illustrate this central truth of the Christian Faith.

◆ Whatever image we find helpful we know that at the source of all creation is the God who does not live in splendid isolation but instead dwells within a dynamic communion where, from all eternity, the Son is begotten from the Father, and the Holy Spirit proceeds from the Father and the Son. Ultimately, the doctrine of the Trinity is not a theological problem to be solved but a wondrous mystery to be adored.

◆ From a 19th Century Sermon on the Holy Trinity: “It needs the Trinity to make a Christian, it needs the Trinity to cheer a Christian, it needs the Trinity to complete a Christian... Learn, then, O believer to love all the persons of the Divine Trinity alike. Remember that salvation is no more the work of one than of the other. They all three agree in one; and as in the creation they all said, ‘Let us make man;’ so in salvation they all say, ‘Let us save man;’ and each of them does so much of it that it is truly the work of each and undividedly the work of all. Let us pause a while and adore: ‘Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end! Amen.’”

Almighty and eternal God, you have revealed to your Church your eternal Being of glorious majesty and perfect love as one God in Trinity of Persons: Give us grace to continue steadfast in the confession of this faith, and constant in our worship of you, Father, Son, and Holy Spirit; now and forever. Amen.

◆ We extend our prayerful sympathies to the family of Lynn McGonnigal on her passing. We also commend in prayer those whose anniversaries of death occur at this time. May all our beloved dead rest in peace and rise in glory.